



# Confidential Questionnaire

## *Breast Study*

Name \_\_\_\_\_

Birth Date \_\_\_\_\_

Today's Date \_\_\_\_\_

*All information given in the questionnaire will remain strictly confidential and will only be divulged to the reporting thermologist and any other practitioner that you specify.*

### ***Breast***

Is there a specific reason or concern for this breast exam?

- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>Yes</b>            | <b>No</b>             |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|-----------------------|-----------|-----------------|-----------------------|-----------------------|-------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------------------|-----------------------|-----------------------|--------------------------|-----------------------|-----------------------|--|--|
| 1. Have you recently had any of these breast symptoms?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <input type="radio"/> | <input type="radio"/> |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 20%; text-align: center;"><b>LT</b></th> <th style="width: 20%; text-align: center;"><b>RT</b></th> </tr> </thead> <tbody> <tr> <td>Pain/Tenderness</td> <td style="text-align: center;"><input type="radio"/></td> <td style="text-align: center;"><input type="radio"/></td> </tr> <tr> <td>Lumps</td> <td style="text-align: center;"><input type="radio"/></td> <td style="text-align: center;"><input type="radio"/></td> </tr> <tr> <td>Change in breast size</td> <td style="text-align: center;"><input type="radio"/></td> <td style="text-align: center;"><input type="radio"/></td> </tr> <tr> <td>Areas of skin changes thickening or dimpling</td> <td style="text-align: center;"><input type="radio"/></td> <td style="text-align: center;"><input type="radio"/></td> </tr> <tr> <td>Excretions of the nipple</td> <td style="text-align: center;"><input type="radio"/></td> <td style="text-align: center;"><input type="radio"/></td> </tr> </tbody> </table> |                       | <b>LT</b>             | <b>RT</b> | Pain/Tenderness | <input type="radio"/> | <input type="radio"/> | Lumps | <input type="radio"/> | <input type="radio"/> | Change in breast size | <input type="radio"/> | <input type="radio"/> | Areas of skin changes thickening or dimpling | <input type="radio"/> | <input type="radio"/> | Excretions of the nipple | <input type="radio"/> | <input type="radio"/> |  |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>LT</b>             | <b>RT</b>             |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| Pain/Tenderness                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <input type="radio"/> | <input type="radio"/> |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| Lumps                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <input type="radio"/> | <input type="radio"/> |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| Change in breast size                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <input type="radio"/> | <input type="radio"/> |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| Areas of skin changes thickening or dimpling                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <input type="radio"/> | <input type="radio"/> |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| Excretions of the nipple                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <input type="radio"/> | <input type="radio"/> |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| 2. Are any of the above symptoms cycle-related?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <input type="radio"/> | <input type="radio"/> |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| 3. Are you still having periods?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <input type="radio"/> | <input type="radio"/> |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| If yes, date of last period _____                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                       |                       |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| 4. Have you had a surgical hysterectomy?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <input type="radio"/> | <input type="radio"/> |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| If yes, date _____                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                       |                       |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| <input type="radio"/> Complete <input type="radio"/> Partial                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                       |                       |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| Reason for hysterectomy:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                       |                       |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| <input type="radio"/> Excess bleeding <input type="radio"/> Endometriosis <input type="radio"/> Fibroid cysts <input type="radio"/> Cancer <input type="radio"/> Other _____                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                       |                       |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| 5. Has anyone in your family ever been treated for breast cancer?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <input type="radio"/> | <input type="radio"/> |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |
| If yes, <input type="radio"/> Mother <input type="radio"/> Grandmother <input type="radio"/> Sister <input type="radio"/> Daughter                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                       |                       |           |                 |                       |                       |       |                       |                       |                       |                       |                       |                                              |                       |                       |                          |                       |                       |  |  |

Age diagnosed \_\_\_\_\_ Result of Treatment \_\_\_\_\_

6. Have you ever been diagnosed with breast cancer?

If yes, date:

Cancer type  Local  Metastatic  Lymph node involvement

Left breast  Inner  Outer  Nipple

Right breast  Inner  Outer  Nipple

Treatment  Surgery  Chemo  Radiation  None

7. Have you ever been diagnosed with any other breast disease?

If yes,  Cysts/fibrocystic  Fibro Adenoma  Mastitis/inflammatory breast disease

8. Have you had any cosmetic breast surgery or implants?

**Yes** **No**

If yes, date  Silicone  Saline

Experience  Problems  No problems

9. Have you ever had any biopsies or any other surgeries to your breasts?

If yes, date

Left breast  Inner  Outer  Nipple

Right breast  Inner  Outer  Nipple

Results  Negative  Positive  Calcifications

10. Have you ever taken contraceptive pills for more than one year?

If yes,  Currently  Less than 5 years  More than 5 years

11. Have you had pharmaceutical hormone replacement therapy (HRT)?

If yes,  Currently  Less than 5 years  More than 5 years

12. Do you have an annual physical examination by a doctor?

13. Do you perform a monthly breast self-exam?

14. Have you ever smoked?

15. Have you ever been diagnosed with diabetes?

16. Total Mammograms \_\_\_\_\_

17. Date of your last mammogram \_\_\_\_\_ Were you re-called?

18. Your age at your first mammogram?

19. Number of full-term pregnancies?

20. Have you had breast ultrasound?    
If yes...Date: \_\_\_/\_\_\_/\_\_\_ Left \_\_\_ Right \_\_\_ Results: Negative \_\_\_ Positive \_\_\_

21. Have you had breast MRI?    
If yes...Date: \_\_\_/\_\_\_/\_\_\_ Left \_\_\_ Right \_\_\_ Results: Negative \_\_\_ Positive \_\_\_